

SPIRAL Arts Fundraisers at O'Naturals

**Please join us for one - or two -
evenings in August to support the
work of SPIRAL Arts and enjoy
delicious food at O'Naturals.**

**Tuesday, August 18
O'Naturals in Falmouth
240 U.S. Route One**

**Saturday, August 29
O'Naturals in Portland
83 Exchange St.**

MAKE YOUR OWN GREETING CARDS!

**Three Thursdays, July 16, 23, 30
1:00 to 3:00 p.m.
Hope.Gate.Way, 185 High St.**

Using a wide variety of mediums, you will create a collection of handmade greeting cards for all occasions. Stamping, watercolors, dye cuts, and collage will be part of your repertoire as you make cards for friends, family, and yourself. No experience necessary. Ages 7 to adult.

Artist: Maryanne Scally McKinnon, BA in Art, is a local artist who combines photography and mixed mediums. Her handmade greeting cards have been distributed and cherished for nearly twenty years.

SPIRAL Arts Annual Meeting

**Monday, July 27, 2009 6:30 to 8:00 p.m.
Hope.Gate.Way, 185 High St.
(near the Eastland Park Hotel)**

See creative friends, celebrate the past year, and look to the year ahead! Refreshments too.

CLASS REGISTRATION

Sign up for classes by calling 775-1474. Classes fill quickly *so you must call ahead to sign up for a class!!* Suggested donations are \$6.00 to \$20.00 or 2 Time Dollars per two hour class meeting, depending on what you can afford. Classes lasting four hours are considered to be double sessions, six hours are triple sessions. You are asked to pay for the entire class, no matter how many sessions you are able to attend.

Please pay for the class you are taking before or during the first class meeting. If that is not possible, you can arrange a payment plan with us that meets your needs. Some scholarship assistance is available. Please talk with us so we can make it work for you. Family rates are available. If you want to help someone else take a class with an additional donation, please let us know.

SPIRIT BAGS

**Monday, July 13 10:00 a.m. to 3:00 p.m.
Hope.Gate.Way, 185 High St.**

In memory of Jean Badran, Karen offers this class in which you will hand-weave a tiny gorgeous three-dimensional necklace to be worn close to your heart. Using novelty yarns and embellishments (beads, charms, and sequins), your Spirit Bag will be small enough to wear as a necklace and large enough to carry a key, a credit card, or a note. The only requirement for the class is patience for doing detail work. We will take a lunch break, so bring your lunch or plan to buy lunch nearby. For ages 12 to adult.

Artist: Karen Eggert, a fiber artist, creates in many areas of the textile world — clothing design and construction, home furnishings, traditional quilting, weaving, fabric painting, knitting, felting, and beading. Inspired by her artistic father, she takes great pleasure in sharing with others these things she enjoys doing. Karen worked closely with Jean in Elder Arts for many years.

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**SPIRAL Arts, Inc.
156 High Street
Portland, Maine 04101**



*Community arts for people of all ages,
SPIRAL Arts is a program of Transformation
through Spirituality, Art, and Learning.*

CLASSES Summer 2009

SPIRAL Arts, Inc. offers people of all ages the chance to explore their creativity and spirituality, make new friends, learn new skills, and have fun. It provides an opportunity to learn more about who we are and what gives meaning to our lives. Join us for new adventures in art and creativity.

*Summer Classes are supported
in part by a generous gift from
Susan Merrow Scott & Kevin Scott*

**156 High St., Portland, Maine 04101
207-775-1474**

**Website: <http://www.spiralarts.org>
Email: community@spiralarts.org**

*SPIRAL Arts is certified as a
Community School of the Arts by the
National Guild of Community Schools of the Arts*

SUMMER CLASSES 2009

Dedicated to the Life and Legacy of Jean Badran

Our classes this summer are held in memory and in honor of our Director of Elder Arts, Jean Badran, who founded and led the Elder Arts Program at SPIRAL Arts for almost a decade. An adult educator, Jean was beloved by her students and her co-teachers. During her tenure at SPIRAL Arts, she designed and implemented programs with frail elders at the Barron Center, with people living with late stage dementia and Alzheimer's disease at d'Youville Pavilion in Lewiston, and with senior citizens and younger adults with disabilities living in public housing. A maker of exquisite books, a fiber artist, and a watercolor painter, Jean shared her love of beauty with her students, friends, colleagues, and family. She inspired her students to create art with confidence. Her students have come to believe in themselves as creative people who have much to share with the world. We miss Jean deeply and give thanks for the legacy of love and creativity she left with us.



Help Needed!

MOSAIC OF HOPE PROJECT

Beginner & experienced mosaic creators needed for this community project creating large mosaics for the outside of PROP's Parkside Neighborhood Center. **Free.** Call for summer work hours.

DRAWING FROM NATURE: Art Journaling in Deering Oaks Park

Three Wednesdays, July 15, 22, 29
Deering Oaks Bandstand, 6:00 to 8:00 p.m.

Spend three relaxing evenings looking closely at nature in the heart of Portland. Using pencils, ink, watercolor, and gouache, you will draw whatever in nature captures your attention — plants, trees, animals, insects, birds, rocks. Jean will offer some basics techniques in drawing and painting. You may incorporate writing into your artistic journal entries. Please bring a simple journal or special paper; other materials will be provided. Age 7 through adult. Beginning and experienced nature journalists are welcome. Bring bug spray and a chair or blanket.

Artist: Jean Twomey is a local artist who loves to draw, photograph, and make art. She is also a freelance translator and interpreter in French and Spanish and holds degrees in both art and foreign languages.

AN EXPLORATION OF WATERCOLOR

Two Tuesdays, July 21, 28 9:30 to 11:30 a.m.
Meet at Deering Oaks Park Bandstand

In remembrance of Jean Badran, Deb's class will help you use the landscape as the inspiration for your painting. Using playful painting techniques, you will explore color as well as other mediums, such as watercolor pencils. Surrounded by the beauty of Deering Oaks Park, this class will allow you to paint both the outer landscape you observe and the inner landscape of your feelings and ideas. Ages 7 through adult, beginning and experienced watercolor painters.

Artist: Deb Schmitt has taught watercolors for SPIRAL Arts for many years. She is about to embark on an exciting new career in occupational therapy.

SPIRAL Arts Greeting Cards 5 for \$5.00
"Maine: Landscape of the Spirit Series"

THE CITY AS CANVAS: Temporary Art Making

Saturday, July 11 10:30 a.m. to 5:00 p.m.
Hope.Gate.Way, 185 High St.

With Portland as our canvas, the class will create art that sends a message of peace, love and hope in the city. Over brunch, we will look at various artists' attempts to create temporary art in the urban environment. Nourished in body and mind, we will head out together into Portland to spread an artistic message that is temporarily altering, environmentally friendly, respectful of public and private property, and yet noticeable to the people living and visiting within the city. We will document our work and then come back to the place we started for a light and early supper (lupper) when we share and discuss what we saw, heard, did, and how we felt making art in this new-old-fashioned way. This class is for all ages — adults, teens, and children. Children ages 7-12 may attend with an adult. Food will be provided but you may bring something to share.

Artist: Crystal Erickson attended the Museum School in Boston and received a BFA in Photography from the Maine College of Art. With a love of community and an even greater love for the people who live within a community, Crystal is looking forward to hitting the streets and making some art together!

HAND BUILT CLAY TILES

Three session intensive, July 7, 8, and 9
Immanuel Baptist Church 6:00 to 8:00 p.m.
156 High St. (rear entrance)

Design and create your own hand built tiles for your table, your wall, or as a backsplash. You will learn techniques of making clay slab tiles and then carving designs into your tiles. For ages 7 though adult, this class is for beginning and experienced clay artists.

Artist: Kara Kowalczyk, a graduate of Mass College of Art, is a clay artist and high school art teacher who teaches in Massachusetts.

COVER TO COVER: Creating Simple Books

2 Fridays, July 24 and 31 10:00 a.m. to Noon
Immanuel Baptist Church
156 High St. (rear entrance)

In the first session of this class, you will make your own exquisite decorative paper using a messy technique that involves shaving cream and acrylic inks. Please wear old clothes. In the second session, you will use your paper for the covers of books that will be -- simply beautiful! Ages 9 to adult.

Artist: Libby Barrett, a graduate of the Maine College of Art, loves all kinds of art and especially enjoys encouraging the creative process in others. She is particularly interested in art expressed in the form of handmade books and believes that everyone has an important story to tell.

FLOWER ARRANGING MADE SIMPLE

Three Fridays, July 17, 24, 31 10 a.m. to Noon
Immanuel Baptist Church
156 High St. (rear entrance)

In this class in honor of Jean Badran, Anne Lord will share her love of arranging flowers with all who want to learn. She will teach you how to handle cut flowers and leaves, construction of different styles of arrangements, and how to use floral materials that are all around you in your neighborhoods. You will leave each class with a gorgeous floral arrangement made by you — and nature, of course!

Artist: Anne Lord is a floral designer who keeps a third generation family garden in South Portland. She believes that the relationship between people and flowers is ancient, healing, and a source of joy. She worked closely with Jean in SPIRAL Arts' Elder Arts Program.

UNIQUE GIFT IDEA! Mosaic House Numbers

SPIRAL Arts will craft original mosaic house numbers to match the colors of your home.
Call us at 775-1474